

Together, we work for a world free of child abuse and neglect, full of love and aspire for peace

Be-Free Team in Jordan



Be-Free Center has a policy of insuring that its team members are highly trained and specialized in all areas related to child abuse prevention, healing and personality building. Recently, two of the Be-Free members participated in a specialized workshop titled "**Protecting Children from Sexual Violence in Emergency Situations**" arranged by ECPAT. The workshop was held in Jordan from 30-31 January 2007.

The workshop aims to model the risks and protective influences in relation to sexual violence in emergencies, identify key actions to mitigate against such dangers and enhancing child protection. Intensive discussions also were made with regard to child empowerment and enhancing their Resilience.

Be-Free Center shared its experience in raising society awareness on child abuse related issues and dealing with victims of child abuse.



You can help your child be a better listener!!



Have you ever asked yourself such questions:
Why our children don't listen to us? How can we encourage them to do so?

Children know how to listen to issues that are of interest to them even if their parents are trying to divert their attention from listening to that particular issue. The challenge remains of how we ensure that they listen to what doesn't necessarily interest them yet empowers them? How can they motivate their curiosity in listening to issues that are not of direct fun?

Empathic listening, as any other life skill, gets deeply instilled if trained in early childhood. Kindergarten kids aged 4-6 were trained in a fun way on this skill in Be-Free Center. The workshop titled "I Listen...I Learn" concentrated on:

- ✿ Listening helps us learn
- ✿ Listening helps us get empathized with others
- ✿ Listening helps in conflict resolutions
- ✿ Listening helps us understand others

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The most valuable moments... are those we spend with our family

Let's listen and have fun....a family game

This game helps us learn how we can have different understandings of what was said if we don't listen carefully.

Family members set in a circle. The first one in the cycle whispers a strange sentence in the ear of the person sitting next to him/her. The second one whispers what he heard in the ear of the one setting next to him/her and so on until the last one. The last one says what he/she heard loudly. Is it the same as the original sentence!??

This game was played in the "I Listen...I Learn" workshop for children ages 4 to 6, the first word was "Milk", what they ended up with was "Story". Children were all laughing out loud!!

Sooooooooooooooooo innocent

Some replies of the question "How will you know that you are a grown up"

Mohammed (9 years): When I finish kindergarten!

Ali (9 years): I will know from age!



Ali (7 years): If I become tall!

Sayed Ali (10 years): If I go to school!

Moammal (6 years): I have to eat well and drink milk!

Raeed (9 years): If they give me sweets!

Mohammed (10 years): If I learn dancing!

Ali (10 years): If I learn how to be a giving person!

Mohammed (5 years): If I learn how to play "Play station"!

Try asking the kids around you this question and see if you expected the answers you got!

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Try it...you will be amazed with the results

Devote few minutes a day to listen with your heart to your child. You might be surprised with what you learn about his life and the details he/she is experiencing!!



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